

## A03lite Local Anaesthetic

This document will give you information about a local anaesthetic. If you have any questions, you should ask your GP or other relevant health professional.

### What is a local anaesthetic?

A local anaesthetic is a drug that is injected into the tissues to make them numb.

Local anaesthetics temporarily stop nerves working so that you do not feel pain. The simplest form of local anaesthesia is to inject the drug just around the area where the operation is going to take place. It is also possible to numb all the nerves to an arm or a leg (called a regional block).

### Are there any alternatives to a local anaesthetic?

If you are concerned about being awake during the operation, it may be possible for it to be performed under a general anaesthetic.

### What complications can happen?

- Not enough pain relief
- Allergic reaction
- Bleeding
- Nerve damage
- Absorption into the bloodstream

### Summary

A local anaesthetic can be used for most people, giving a safe and effective form of pain relief both during and after your operation.

### Further information

- NHS smoking helpline on 0800 169 0 169 and at [www.gosmokefree.co.uk](http://www.gosmokefree.co.uk)
- [www.eatwell.gov.uk](http://www.eatwell.gov.uk) – for advice on maintaining a healthy weight
- [www.eidoactive.co.uk](http://www.eidoactive.co.uk) – for information on how exercise can help you
- [www.aboutmyhealth.org](http://www.aboutmyhealth.org) - for support and information you can trust
- Association of Anaesthetists of Great Britain and Ireland at [www.aagbi.org](http://www.aagbi.org)
- Royal College of Anaesthetists at [www.rcoa.ac.uk](http://www.rcoa.ac.uk)
- Royal College of Anaesthetists and Association of Anaesthetists of Great Britain and Ireland at [www.youranaesthetic.info](http://www.youranaesthetic.info)
- NHS Direct on 0845 46 47 (0845 606 46 47 - textphone)
- [www.eidohealthcare.com](http://www.eidohealthcare.com)

### Acknowledgements

Author: Dr Iain Moppett DM MRCP FRCA

**This document is intended for information purposes only and should not replace advice that your relevant health professional would give you.**

A03lite

Issued June 2008

Expires end of December 2008



[www.rcsed.ac.uk](http://www.rcsed.ac.uk)

