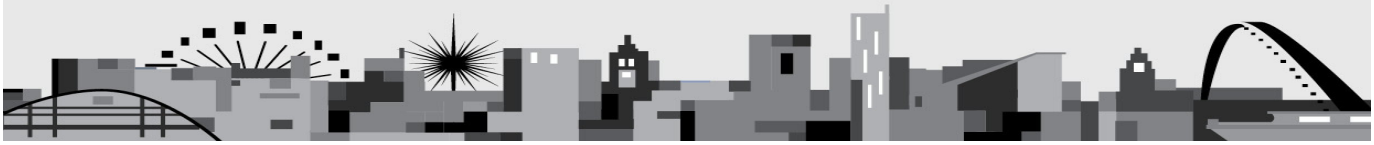
NHS
Manchester

Manchester Community Health



STARTING OUT WITH DIABETES

GROUP EDUCATION SESSIONS FOR PEOPLE WHO HAVE BEEN DIAGNOSED WITH TYPE 2 DIABETES WITHIN THE LAST 12 MONTHS

As part of your treatment as a new patient we would like you to attend a group session to help you learn more about your diabetes. The session is interactive enabling you to meet others in a similar situation.

The session is designed to give you a basic understanding of your condition and starts at 9:30 am until 12.30 pm. You need to attend the full session. Feel free to bring a partner or friend with you if you want to.

The talks will be given by a Diabetes Specialist Nurse and a Dietitian and will cover as many topics as possible.

Tea / coffee will be provided mid morning and there will be sufficient time to collect information leaflets and ask questions at the end of the meeting.

To book a session please contact the Diabetes Specialist Nurses on 0161 945 8203.

We look forward to seeing you.

Yours sincerely

Diabetes Specialist Nurses

P.S. We are sorry but these sessions are not suitable for children.