

## Information for Visitors to Barrier Nursing Rooms

### What does barrier nursing mean?

Barrier nursing involves nurses, doctors and all health care workers taking special precautions to reduce the risk of certain germs spreading from one patient to another on the ward.

### Do I have to take special precautions?

No, but please observe normal good hand hygiene practices i.e. hand washing before and after visiting. However, if you are taking part in the patient's care, for example washing them or if you are visiting other patients in this hospital on the same visit, you should wear a disposable apron and gloves.

Ask the nursing staff for help.

At the end of your visit and before you leave the side room, please wash your hands. This will keep you and the rest of the ward safe.

### Can babies and small children visit?

Babies and children are much more prone to picking up germs than adults. It is advisable to discuss their visiting with the nurse in charge of the ward **before** visiting. If you do bring small children to visit patients in barrier rooms **they must be closely supervised at all times.**

### Can I get further information?

If you require further information, the nurse in charge will be happy to answer your questions or put you in contact with a member of the Infection Control Team.