

Greater Manchester Rapid Access Anaphylaxis Clinic (GMRAAC)

REFERRAL FORM

Fax form to 0161 291 5351 between 9:00 and 12:00 Monday to Friday
and call 0161 291 5444 to confirm receipt

Please ensure that suitable patient contact details are available (e.g. reliable telephone number) so that the date and time of the appointment can be communicated effectively.

Please ensure all fields are completed.

Please fax a copy of the paramedic sheet, ED and/or other relevant medical notes.

PATIENT DEMOGRAPHICS			
Surname		Forename	
NHS No.		Date of Birth	DD/MM/YY
Address		Telephone	
		GP Name	
Referring Consultant and Trust		GP Surgery	

CLINICAL REFERRAL / INFORMATION			TICK	
Date of presentation	DD/MM/YY	Cutaneous (rash / urticaria)		MILD
Date of discharge	DD/MM/YY	Angioedema (not laryngeal)		
Date of referral	DD/MM/YY	GI upset		
Time of onset	HH:MM	Tachycardia (>120bpm)		MODERATE / SEVERE
Time of initial tryptase	HH:MM	Hypotension		
Time of 1-2 hour tryptase	HH:MM	Cardiac arrest		
Suspected trigger	Please write here	Wheeze		
		Stridor / airway compromise		
Preceding circumstances / other information	Please write here			

Patients are only suitable for referral if their presenting features are moderate / severe. If only mild features are present, please ask the patient's GP to consider referral to their local allergy service.

Referring Dr		GMC No.	
Contact no.		Signature	

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Patient Information to be given to or discussed with the patient before discharge

What should you expect from the GMRAAC appointment?

- A focussed assessment of what happened during the recent reaction
- A review of the documentation from the recent reaction
- An additional blood sample may be required – but this will not be for an allergy test
- Advice on how to manage any future allergy including what to do, when to call for help and how to use anti-allergy medications
- Discussion and advice on avoidance, if a clear trigger is identified
- To plan allergy investigations, if required (allergy investigations cannot be carried out this close to a reaction and are usually carried out no sooner than 4 to 6 weeks after)

What not to expect from the GMRAAC appointment?

- Allergy tests will not be carried out at this initial assessment as they are not reliable this close to an allergic reaction
- An extensive review of all possible or past allergies or any other unrelated health problems